PARIVARTAN 2026

4th & 5th November 2026 (Wednesday & Thursday)

Heritage to Horizon

Creative Arena

Non-Technical Events Rulebook

Creative Arena (Non-Technical Events) Colleges 4th Nov 2026

Creative Arena (Non-Technical Events for Schools for Class 10th onwards only) 4th and 5th Nov 2026

General Rules & Regulations to be Followed

1. Registration for the event is mandatory. Only registered participants/teams will be allowed to participate.
2. **Registration fee is Rs. 50 per participant** whether Individual event or team event for college students.
3. No registration fee for school students.
4. Participants must report at the designated venue within the reporting time communicated by the event coordinator.
5. Participants must carry a valid College/School ID Card and produce it whenever required by the organizers.
6. There is no specific dress code; however, participants are expected to wear decent and appropriate attire suitable for a college campus and the respective event.
7. Participants must maintain proper discipline, decorum and cleanliness throughout their stay on the campus and at the event venue.
8. Late entry to an event will not be entertained once the event has commenced. Participants are advised to report well in advance.
9. Participants must follow the specific rules, instructions and guidelines announced by the respective event coordinators.
10. The decision of the judges/event coordinators shall be final and binding in all matters related to the event.
11. The number of prizes may vary depending on the number of entries/participants in the respective event.
12. Certificates, trophies and cash prizes will be awarded to the winners, as applicable to the respective event.
13. E-Certificates will be provided to all participants.
14. The organizers reserve the right to modify the schedule, format, rules or conduct of an event, if required, in the interest of smooth and fair conduct of the event.

Creative Arena (Non-Technical Events)

Fun Fiesta – Fun & Fitness Events

Includes fun, interactive, sports and fitness-based activities.

Push-Up Challenge (Individual)

Test strength and endurance by completing the maximum number of valid push-ups within the given time. The event emphasizes correct form, consistency and physical discipline.

Rules:

- Participants must perform push-ups according to the standard form demonstrated by the event coordinator.
- A fixed time limit will be announced before the start of the challenge.
- Only correctly executed push-ups will be counted.
- The body should remain aligned, with the required range of motion as demonstrated by the coordinator.
- Participants must begin only after the official start signal.
- Resting may be allowed only in the position specified by the coordinator.
- Any repetition declared invalid by the judge will not be counted.
- Participants must immediately stop when the official time ends.
- Anyone experiencing discomfort should stop the activity.

Judgement Criteria:

- Number of Valid Push-Ups
- Correct Form
- Consistency & Control